

The Myth behind Learning Bellydance Online

Thanks to pandemic times in 2020, almost every artist on Earth went online and started their development virtually. However, there were some dance teachers that after this worldwide situation was over, they decided to step back to “whatever normality is” and return to their own studio to continue developing their classes as “usual”.

Personally, I struggled with this SO much that I decided to quit, and put my energies into something much difficult, bigger and more aligned with my essence, and with my artistic path. That is why I decided to move my studio into the virtual world – 100% ONLINE.

Nevertheless, the thing is this: SOMETHING has already changed in the whole World. Nowadays, we cannot admit that the “virtual world” is not necessary, because in a World who is constantly changing and adding more IA, it is our duty as artists to keep the essence of ourselves as Human Beings, because that is what will make us differentiated from the “Virtuality - Made with IA” Era that is coming.

I’m not against IA - it is our new friend and we better start creating a healthy relationship with all these new Artificial Intelligence apps; but please, don’t forget your origin. Your essence. What you are. Your authenticity will make the difference.

If I had not had the opportunity to go online, I would never have been able to help students from different countries overcome cancer, or to become a shelter for those listening to bombs falling near their homes.

In all those contexts, countries, and places around the world, there I was: dancing, teaching, laughing, making jokes, forgetting my own choreographies – without even realizing that I was becoming a lighthouse in the lives of many of my students.

Suddenly, I began to see myself as a multicultural artist across the world – a human bridge capable of connecting feelings, emotions, and the body all at once. It filled me with a sense of abundance and deep gratitude to be able to connect and unite cultures around the world.

Bellydance, and any other dance style, can become our anchor in this world. The possibility of creating art as human beings – of feeling, of expressing emotion through movement – is a kind of transformation for the soul. And everything goes hand in hand, because technique is deeply important to take care of our bodies and prevent future injuries. Nourishing ourselves through art is also a way of nutrition and putting the focus on our own needs.

Every movement carries intention, energy, and meaning behind it. You do not perform or dance because you have to; it is not an obligation.

**It is something that comes from your deepest inner self, and sometimes we do not even have words to describe that sensation. We simply cannot explain it.
We FEEL. And that's it.**

**In the end, as you can see, there is no "myth" behind learning Bellydance – or any dance style – online.
The connection is real.
The feeling is authentic.
The presence of energy truly exists across the screen.**

**We feel. We are ART.
We are human beings translating music, poetry, and any other kind of Art that you want to imagine and create.
You have the POWER in your own hands.**

**This is our mission on Earth.
To create.
To give birth.
To witness our own evolution following our own path.**

Dance is my path.

And thanks for being on the other side dancing with me.

With love,

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